

## Fisa Pacient Pneumopatii Interstitiale Difuze

<b>Nume Pacient</b>		<b>Varsta:</b>		<b>ani</b>
<b>CNP</b>				
<b>Adresa</b>			<input type="checkbox"/> <b>Urban</b>	<input type="checkbox"/> <b>Rural</b>
<b>Telefon</b>				
<b>Medic curant</b>				

<b>DIAGNOSTIC:</b>
<b>Data diagnostic:</b> ___ / ___ / ___
<b>Deces?</b> <input type="checkbox"/> Nu <input type="checkbox"/> Da <b>Data deces:</b> ___ / ___ / ___

<b>Date clinice:</b>	G =		Kg	T =		cm	IMC =	
<i>Debutul simptomelor (luni anterior):</i> _____								

<i>Dispnee de efort</i> <input type="checkbox"/> nu <input type="checkbox"/> da mMRC =	<i>Hipocratism</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Tuse</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Raluri in velcro</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Febra</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Miopatie</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Dureri toracice</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Poliartralгии</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Wheezing</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Deformari articulare</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Fatigabilitate</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Sdr. Raynaud</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Anxietate</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Eritem nodos</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Modificari ORL</i> <input type="checkbox"/> nu <input type="checkbox"/> da	<i>Modificari cutanate</i> <input type="checkbox"/> nu <input type="checkbox"/> da
<i>Tulburari de vedere</i> <input type="checkbox"/> nu <input type="checkbox"/> da	

<b>Antecedente familiale?</b> <input type="checkbox"/> Nu <input type="checkbox"/> Da: _____

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## Istoric fumat / noxe respiratorii / medicatie

Istoric fumat  Niciodata  Fumator activ  Ex-fumator \_\_\_\_\_ pachete-an

data start

\_\_\_/\_\_\_/\_\_\_\_\_

data stop

\_\_\_/\_\_\_/\_\_\_\_\_

Noxe respiratorii  Nu  Da: \_\_\_\_\_ Durata: \_\_\_\_\_

## Medicamente folosite pe termen lung:

**Medicatie cu potential toxic pulmonar?** *amiodarona, busulfan, ciclofosfamida, metotrexat, IEC, aspirina, sarurile de aur, penicilamina, nitrofurantoin, sulfasalazina, statine, droguri...*

(<http://www.pneumotox.com>)  Nu  Da

## Pneumoalergeni

Profesia \_\_\_\_\_ HOBBY: \_\_\_\_\_

Locuinta (in care au aparut simptomele):  mucegai,  inundatii,  sera de flori,  baie cu cada,  
 perdea de dus,  aer conditionat,  nebulizator,  pisica,  perne/pilote cu puf

Pasari: sunteti crescator \_\_\_\_\_, aveti contact ocazional \_\_\_\_\_, ati observat simptome in contact cu pasarile sau curand dupa? \_\_\_\_\_ (porumbei, canari, papagali, gaini, rate, curcani etc)

PROFESIUNE: textile \_\_\_\_\_, fan \_\_\_\_\_, fabricarea branzei \_\_\_\_\_, crescator pasari \_\_\_\_\_, crescator animale \_\_\_\_\_, pielarie/tabacarie \_\_\_\_\_, ciupercarie \_\_\_\_\_, sticlaria \_\_\_\_\_, gradinarit cu insecticide/pesticide \_\_\_\_\_, curatenie \_\_\_\_\_, prelucrarea lemnului \_\_\_\_\_, biblioteca sau arhiva \_\_\_\_\_

*Machine operator's lung*,  *culegator de ciuperci*,  *enzyme/detergent*,  *lucrator in malt*,  *vinificatie (mucegai de struguri)*,  *soareci de laborator*,  *scoici*. Ocazional:  *balneoterapie*,  *sauna*,  *compost*

## Serologie pneumonite (Alergeni IgG-Specifice)

Rezultate:

**Plamanul crescatorilor de pasari:** Proteine serice, pene si dejectii de:  
 perusi,  porumbel,  pagal

**Plamanul fermierului:**  *Micropolyspora faeni*,  *Thermoactinomyces vulgaris*,  *Aspergillus fumigatus*,  *Dermatophagoides farinae*,  
 *Dermatophagoides pteronyssinus*,  *Fungi amestec*,  *Cladosporium herbarum*,  *Stachybotrys atra*,  *Candida albicans*,  *Alternaria alternata*

Alti alergeni: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

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### Laborator

VSH: \_\_\_\_\_ PCR: \_\_\_\_\_ HLG: \_\_\_\_\_

Creatinina: \_\_\_\_\_ Alte: \_\_\_\_\_

### Markeri Imunologici      efectuat      Rezultate

**ACS**



**Receptor solubil IL2**

(Sarcoidoza)



**Ac anti MB glomerulara**

(Goodpasture)



**CIC** (activitate boli

autoimmune)



**Anti GMCSF** (Proteinoza

alveolara)



**Ac c-ANCA** (Wegener)



**Ac p-ANCA** (Churg-Strauss,

PAM)



**Factor reumatoid** (AR)



**Ac-anti CCP** (AR)



**ANA depistaj** (IF)



**Profil ANA** (Imunoblot)



**U1nRNP/Sm:** (boala mixta)

**Sm:** (LES)

**SS-A (Ro):** (Sjogren, LES)

**Ro 52**

**SS-B (La):** (Sjogren, LES)

**Scl-70:** (Sclerodermie)

**PM/Scl:** (Sclerodermie-  
Polimiozita/Dermatomiozita)

**Jo-1:** (dermatomiozita/polimiozita)

**Centromer:** (CREST)

**PCNA:** (LES)

**ds DNA:** (LES)

**nucleozomi:** (LES)

**histone:** (LES indus medicamentos)

**proteina P-ribozomala:** (LES)

**AMA-M2**

**Profil Miozita**



(polimiozita/dermatomiozita/  
sindrom antisintetaza)

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## Explorari functionale

### SaO<sub>2</sub>, Spirometrie

Data efectuării	SaO <sub>2</sub>	CVF	VEMS	VEMS/CVF
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%
___/___/___	___%	___ L ___%	___ L ___%	___%

### DLCO

Data efectuării	DLCO	CPT	VR
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%

### Pletismografie

Data efectuării	CPT	VR	CRF
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%
___/___/___	___%	___%	___%

### 6MWT

Data efectuării	DISTANTA	SaO <sub>2</sub> initial → final	Dispnee BORG initial → final	Fatigabilitate BORG initial → final
___/___/___	___ m ___%	___% → ___%	___ → ___	___ → ___
___/___/___	___ m ___%	___% → ___%	___ → ___	___ → ___
___/___/___	___ m ___%	___% → ___%	___ → ___	___ → ___
___/___/___	___ m ___%	___% → ___%	___ → ___	___ → ___
___/___/___	___ m ___%	___% → ___%	___ → ___	___ → ___
___/___/___	___ m ___%	___% → ___%	___ → ___	___ → ___

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## Radiografie Torace

Data efectuării: \_\_\_ / \_\_\_ / \_\_\_\_\_

- |   |  |                                      |
|---|--|--------------------------------------|
| <input type="checkbox"/> Opacitati reticulare bilateral | <input type="checkbox"/> Macronoduli       | <input type="checkbox"/> Pleurezie   |
| <input type="checkbox"/> Procese de condensare          | <input type="checkbox"/> Micronoduli       | <input type="checkbox"/> Pneumotorax |
| <input type="checkbox"/> Geam mat                       | <input type="checkbox"/> Adenopatii hilare |                                      |

Distributie/Localizare:

Observatii:

## CT Torace

Data efectuării: \_\_\_ / \_\_\_ / \_\_\_\_\_

HRCT?  da (sectiuni sub 2 mm)  nu

<b>Pattern HRCT</b>	<input type="checkbox"/> UIP	da / nu da / nu da / nu da / nu	- anomalii de tip reticular - fagure de miere ± bronsiectazii de tractiune - distributie predominant subpleurala si bazala - absenta caracteristicilor non UIP
	<input type="checkbox"/> UIP posibil	da / nu da / nu da / nu	- anomalii de tip reticular - distributie predominant subpleurala si bazala - absenta caracteristicilor non UIP
	<input type="checkbox"/> Non-UIP	da / nu da / nu da / nu da / nu da / nu da / nu da / nu	- distributie predominant in zonele pulmonare mijlocii sau superioare) - distributie predominant peribronhovasculara - anomalii ground-glass extensive (> anomaliiile reticulare) - micronoduli diseminati (predominant in lobii superiori) - chiste individuale (multiple, la distanta de zonele de fagure de miere) - aspect difuz mozaicat / air trapping (bilateral, > de 3 lobi) - procese de condensare (segmente sau lobi)
	<input type="checkbox"/> NSIP( <input type="checkbox"/> celular / <input type="checkbox"/> fibrotic) <input type="checkbox"/> DIP <input type="checkbox"/> RB <input type="checkbox"/> OP <input type="checkbox"/> DAD <input type="checkbox"/> LIP <input type="checkbox"/> Boala multichistica <input type="checkbox"/> Crazy Paving <input type="checkbox"/> Mozaic <input type="checkbox"/> Adenopatii mediastinale		
<input type="checkbox"/> Alt pattern	Descriere:		

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### Lavaj bronhiolo-alveolar

Data efectuării: \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Volum instilat \_\_\_\_\_

Volum recuperat \_\_\_\_\_

Nr. Celule \_\_\_\_\_ x 10<sup>6</sup>, Macrofage \_\_\_\_\_ %, Limfocite \_\_\_\_\_ %, Eozinofile \_\_\_\_\_ %, Neutrofile \_\_\_\_\_ %, Siderofage \_\_\_\_\_ %, CD4/CD8 \_\_\_\_\_ CD1 \_\_\_\_\_

Alte: \_\_\_\_\_

Scor GOLDE: 0 1 2 3 4

### Concluzii:

### Biopsie

- neefectuata:  refuzul pacientului  boala foarte severa  comorbiditati  
 boala usoara/stabila (nu justifica biopsia)  nu este necesara (diagnostic evident)  
 alt motiv: \_\_\_\_\_

 efectuata: Data efectuării: \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

- TRANSBRONSICA:  PULMONARA  ADENOPATIE  EBUS  
 CRIOBIOPSIE  
 MEDIASTINOSCOPIE  
 BIOPSIE PULMONARA CHIRURGICALA

### HISTOLOGIE:

## Fisa Pacient Pneumopatii Interstitiale Difuze

### Evaluare HTP

Data: ___ / ___ / _____	PSAP = _____ mmHg	<input type="checkbox"/> Ecocardiografic /	<input type="checkbox"/> Cateterism
Data: ___ / ___ / _____	PSAP = _____ mmHg	<input type="checkbox"/> Ecocardiografic /	<input type="checkbox"/> Cateterism
Data: ___ / ___ / _____	PSAP = _____ mmHg	<input type="checkbox"/> Ecocardiografic /	<input type="checkbox"/> Cateterism
Data: ___ / ___ / _____	PSAP = _____ mmHg	<input type="checkbox"/> Ecocardiografic /	<input type="checkbox"/> Cateterism

### Comorbiditati / Complicatii / Exacerbari

Diagnostic	data diagnostic	tratament / management
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	
	___ / ___ / _____	

# Fisa Pacient Pneumopatii Interstitiale Difuze

**EVALUARE MULTIDISCIPLINARA**

**Data evaluare:** \_\_\_ / \_\_\_ / \_\_\_\_\_

**DIAGNOSTICUL stabilit prin CONSENS:**

**Gradul de confidenta:**

**Diagnostice diferite:**

**Comportamentul clinic al bolii:**  Reversibila, autolimitanta  Reversibila cu risc de progresie  Stabila cu afectare reziduala  Progresiva, ireversibila cu potential pentru stabilizare  Progresiva, ireversibila sub tratament

**Recomandari:**

**Investigatii suplimentare:**

**Monitorizare:**

**Tratament:**

## Tratament PID

**OLD**

Nu /  Da

data start

\_\_\_ / \_\_\_ / \_\_\_\_\_

durata (h/zi)

\_\_\_

**Reabilitare**

Nu /  Da

data start

\_\_\_ / \_\_\_ / \_\_\_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_

data stop

\_\_\_ / \_\_\_ / \_\_\_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_

\_\_\_ / \_\_\_ / \_\_\_\_\_



## Fisa Pacient Pneumopatii Interstitiale Difuze

<b>Propunere transplant?</b> <input type="checkbox"/> Nu <input type="checkbox"/> Da	<b><u>Includerea pacientului pe lista de așteptare:</u></b> <input type="checkbox"/> Evidențe imagistice sau histopatologice de UIP și unul dintre următoarele criterii: <input type="checkbox"/> DLco < 39% din prezis <input type="checkbox"/> ↓ CVF > 10 % în ultimele 6 luni <input type="checkbox"/> Desaturare sub 88 % la 6MWT <input type="checkbox"/> HRCT honeycombing > 50% din parenchimul pulmonar
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Medicatie recomandata (doza, reactii adverse)	Evolutie
___/___/_____          Programare control ___/___/_____ 	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
___/___/_____          Programare control ___/___/_____ 	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
___/___/_____          Programare control ___/___/_____ 	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
___/___/_____          Programare control ___/___/_____ 	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare

## Fisa Pacient Pneumopatii Interstitiale Difuze

<p>__/__/____</p> <p style="text-align: right;">Programare control __/__/____</p>	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
<p>__/__/____</p> <p style="text-align: right;">Programare control __/__/____</p>	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
<p>__/__/____</p> <p style="text-align: right;">Programare control __/__/____</p>	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
<p>__/__/____</p> <p style="text-align: right;">Programare control __/__/____</p>	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare
<p>__/__/____</p> <p style="text-align: right;">Programare control __/__/____</p>	<input type="checkbox"/> Ameliorare <input type="checkbox"/> Stationar <input type="checkbox"/> Agravare